

PERSONAL SCAVANGER HUNT

A Busy Bee Opportunity

For weeks now, the vast majority of us have been stuck inside due to the pandemic. As the days pass, our spaces sometimes start to feel smaller and the items and things around us begin to go unnoticed.

This week's personal scavenger hunt will help you reconnect to your place of residence and the items within it. By taking time to explore and rediscover them, you may uncover feelings, insights, and a new relationship to the things you have accumulated in our lives.

Try to complete the entire hunt within 20 minutes. Take no more than 3 minutes to find any one item. You should move about and go look for things; not just sit and think about them. When you find it, list it in the space provided. **So, to the best of your ability**

Go Around and Find Something That

Is the Oldest Thing _____

Is the Newest Thing _____

Was Given to You _____

Belonged to a Family Member _____

Makes You Smile When You Look at It _____

Makes You Wonder Why You Even Have It _____

You Have Not Used in 5 Years _____

Is Your Favorite Item on any Wall _____

Why is it your favorite? _____